

SPRING TRAINING INVITATION

Shakti Yoga Dance Intensive ~April 8-10



Master the mat from a different perspective. Balance emotion with structure; soulful with mundane; breath with music.

A warm invitation to participate in April's
SHAKTIYOGADANCE INTENSIVE:

A three day submersion for those wanting to take their Practice to the next level, for dancers wanting to move their Yoga, and Yoginis wanting to dance their mats.

Yoga instructors can earn 20 CEU advanced credits with YA.
\$300.00 if registered before March 8.

Email to register: samanthacameron@verizon.net